

# Active Neoprene Knee Brace

The Active Neoprene Knee Brace by RCAI provides functional knee stabilization during walking or light athletic activities. The breathable, latex-free airprene wrap provides flexibility, therapeutic warmth and comfort. Bilateral metal hinges provide stability and protect the knee from medial/lateral forces. The brace allows for range of motion with flexion/extension stop settings in 15° increments, and a hyperextension stop at 10°. Front wrap closures makes the brace easy to apply, while providing a precise fit. The open popliteal area prevents irritation at the back of the knee.

The Active Neoprene Knee Brace is suitable for patients with excess swelling or edema of the knee, geriatric patients, or patients with difficulty applying traditional knee sleeves. Indicated for post surgery, following ligamentous injuries, knee instability, and degenerative joint disease.

## SIZING

Measure thigh circumference 4" (10.2 cm) above patella.

Size		Model #
Ex. Small	10 – 13" (25.4 – 33 cm)	570-NKA-ES
Small	13 – 16" (33 – 40.6 cm)	570-NKA-S
Medium	16 – 19" (40.6 – 48.3 cm)	570-NKA-M
Large	19 – 22" (48.3 – 55.9 cm)	570-NKA-L
X Large	22 – 25" (55.9 – 63.5 cm)	570-NKA-XL
XX Large	25 – 28" (63.5 – 71.1 cm)	570-NKA-XXL
XXX Large	28 – 31" (71.1 – 78.7 cm)	570-NKA-XXXL



## APPLICATION:

Best applied when standing.

- 1) Align axis of hinges with center of normal knee rotation.
- 2) Wrap neoprene thigh band around leg to desired compression.
- 3) Repeat with bottom neoprene calf band.
- 4) Loop and lock thigh and calf straps over neoprene bands to desired compression.
- 5) Note: Straps should be snug, but should not restrict circulation.

## WASHING INSTRUCTIONS

Hand wash in warm water and mild soap. Wrap in towel to remove excess water (do not twist or wring). Air dry away from heat. Do not machine wash or machine dry.



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and ONLY Multi Podus® System*



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